

## **My Bio**

I am a mother on a mission to help people talk about child loss. I have been pregnant 7 times but I have 4 beautiful boys however I only get to kiss 3 of them good night. In the isolation I have found myself in, since our son Ben died, I found myself lying about Ben when people would ask "How many children do you have?". In response to wanting to be honest I created a symbol for all Vilomahs, a small pin badge that can help people talk about child loss and help untie the amazing community of support that exists for all who are grieving the worst loss that there possibly is.